

Flow Cytometry in Transfusion Medicine: Development, Strategies and Applications

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Key Words

Flow cytometry · Transfusion medicine · Applications

Summary

Nowadays, flow cytometry represents an essential tool for the daily work in laboratories for transfusion medicine. After cytophotometry of immobilized cells, flow cytometry was developed since the 1960s using moving fluorescence-stained cells. This technique enabled the determination of several thousand cells per second, e.g. from blood, bone marrow, or organ-associated cell suspensions. The introduction of monoclonal fluorescence-labeled antibodies in diagnostics has further accelerated the development of flow cytometry. In the meantime, numerous cellular and nuclear properties can simultaneously be measured on single cell level in automated devices at high speed and precision. Internal standards and quality control systems further increased the accuracy of flow cytometric analyses. Flow cytometry is therefore likewise suitable for routine diagnostics in patients, quality control of blood components and scientific purposes in transfusion medicine. Nevertheless, many flow cytometric applications are related to counting of rare events or detection of cells with low antigen expression. Therefore, several pre-analytic and analytic factors (e.g. erythrocyte lysing procedures, cell gating strategies, etc.) may essentially affect the accurate determination of cell numbers and functions. In this issue, TRANSFUSION MEDICINE AND HEMOTHERAPY starts a recurrent sequence of reviews focused on 'Flow Cytometry in Transfusion Medicine'. In order to introduce the flow cytometry series, this review summarizes the development, principles, and strategies of flow cytometry as an increasing diagnostic tool in medical laboratories. Also, current and possibly future flow cytometric applications in transfusion medicine are epitomized, e.g. quality control of blood products, immunohematologic diagnostics, hematopoietic progenitor cell transplantation, adoptive immunotherapy, and further therapeutic applications. In following issues of this journal, reviews of notable authors will then focus on special applications and give more detailed insights into single diagnostic fields.

Schlüsselwörter

Durchflusszytometrie · Transfusionsmedizin · Anwendungen

Zusammenfassung

Die Durchflusszytometrie stellt heutzutage in transfusionsmedizinischen Laboratorien eine unverzichtbare Methode zur Bewältigung der täglichen Routine dar. Sie entwickelte sich in den 1960er Jahren aus der Zytophotometrie immobilisierter Zellen und erlaubt im Gegensatz dazu die Analyse vieler tausend Zellen pro Sekunde z. B. aus Blut, Knochenmark oder Zellsuspensionen von festen Organen. Die Einführung fluoreszenzmarkierter, monoklonaler Antikörper erweiterte das Anwendungsspektrum der Durchflusszytometrie erheblich. Mittlerweile lassen sich viele verschiedene zelluläre Eigenschaften simultan auf Einzelzellebene mit hoher Geschwindigkeit und Präzision bestimmen. Durch Einführung interner Standards und Qualitätskontrollen konnte die Messgenauigkeit deutlich erhöht werden. Somit ist die Durchflusszytometrie gleichermaßen für die Patientendiagnostik, die Qualitätskontrolle von Blutprodukten und für wissenschaftliche Fragestellungen in der Transfusionsmedizin geeignet. Viele durchflusszytometrische Applikationen beziehen sich auf die Zählung seltener Ereignisse oder den Nachweis von Zellen mit niedriger Antigenexpression. Deshalb können verschiedene präanalytische und analytische Faktoren (z.B. Erythrozytenlyse, «Gating»-Strategie usw.) die korrekte Bestimmung von Zellzahlen und -funktionen nachhaltig beeinflussen. Die Zeitschrift TRANSFUSION MEDICINE AND HEMOTHERAPY beginnt in dieser Ausgabe mit einer Serie «Durchflusszytometrie in der Transfusionsmedizin». Zur Einleitung dieser Reihe werden die Entwicklung, das Prinzip und die Strategien der Durchflusszytometrie in medizinischen Laboratorien in der vorliegenden Übersichtsarbeit zusammengefasst. Daneben werden derzeitige und künftige Applikationen der Durchflusszytometrie in der Transfusionsmedizin kurz dargestellt, wie z.B. Qualitätskontrolle von Blutprodukten, immunhämatologische Diagnostik, Stammzelltransplantation, sowie adoptive Immuntherapie und weitere therapeutische Applikationen. In nachfolgenden Ausgaben dieser Zeitschrift werden Übersichtsarbeiten dann detaillierter auf einzelne wichtige Applikationen eingehen.

Development of Flow Cytometry

In the 1950s cytometry started with cytophotometric measurements of light absorption by DNA at 260 nm in cell nuclei and by proteins at 280 nm in the cytoplasm of single cells [1]. The microscope stage with the slide was moved in a sequential trace in front of a small pinhole to provide the integrated optical density as measure for total cellular DNA or protein. This required several minutes per cell. Feulgen DNA staining provided a DNA-specific absorption between 550–570 nm to avoid the use of microscopic UV optics [2].

On the other hand, there were much faster alternatives by which several thousands cells per second could be counted electrically or by light absorption and light scatter when flowing through a fluid-filled measurement chamber [3, 4]. The combination of a flow chamber with photometric absorption measurements [5] and the use of piezo crystals to generate microdroplet streams susceptible to electrostatic deflection [6] provided the basis of the jet in air droplet cell sorter [7] for the preparative enrichment of cell fractions with particular interest. Measurements by absorption were initially considered more promising and sensitive than by fluorescence [8]. The Technicon Hemalog D instrument for absorption measurements of cytochemical stains was developed as a consequence of this attitude [9].

It was, however, convincingly shown that fluorescence measurements were in fact significantly more sensitive than absorption measurements [10, 11]. The Impulse Cytophotometer ICP-11 as the first commercially available fluorescence-based flow cytometer was equipped with a HBO-100 high pressure mercury arc lamp as light source at its appearance in 1969. The promising features of this instrument lead to the conversion of the absorption-based cell spectrometer into the Bio-physics/Ortho-Cytofluorograph instrument equipped with an argon 488 nm laser light source for fluorescence excitation and simultaneous light scatter measurements in 1970 [5, 8].

Early European and US authors used a number of different names for the new technology. As an agreement at the 5th American Engineering Foundation Conference on Automated Cytology in 1976, the name flow cytometry was further on used for the new technology. For these nomenclature reasons, a significant amount of the early European work remains usually unconsidered [12].

Work was initially centered around DNA analysis with the first one-parameter DNA and two-parameter DNA/cell protein histogram measurements in ICP-11 instruments [10, 13]. A number of DNA-specific dyes such as ethidium bromide [10], acriflavin/auramin [14], Hoechst 33258 and 33342 dyes [15], propidium iodide [16], mithramycin [17], acridine orange [18], 7-AAD [19] and Dapi [20] were introduced, and numerous cell cycle and tumor cell DNA studies, both clinical and experimental, were performed, which is more recently reviewed by Valet in 2003 [12]. The cell cycle-specific action of cytostatic drugs on malignant cells was demonstrated by specific assays [21] while the use of ethidiumbromide/mithramycin energy transfer [22] provided narrow enough DNA distributions to separate x and y spermatids [23]. Early efforts of computer data analysis concerned monoparametric DNA [24, 25] as well as two-parameter distributions [26].

Factors Influencing Flow Cytometric Analysis

Flow cytometry has become a routine technique for many applications based on standardized laboratory protocols and mainly automated devices. However, there are several technical and methodological difficulties in cell counting which are related to pre-analytic and analytic procedures, possibly affecting accurate analysis. The most important issues are summarized in figure 1.

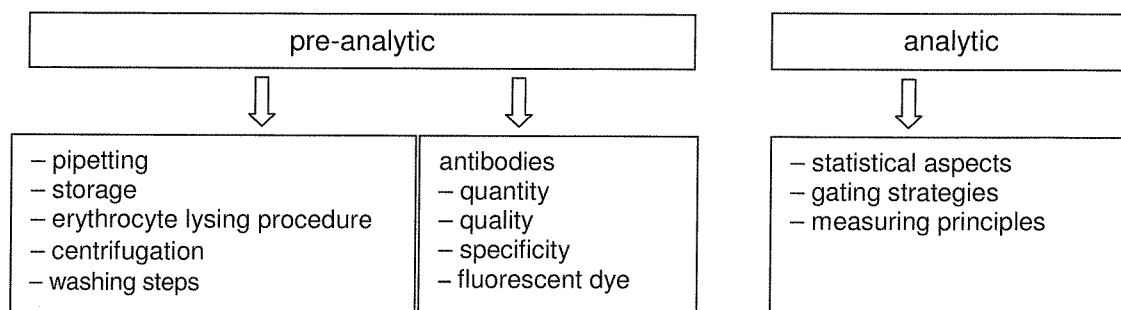
Influence of Pre-Analytic Sample Preparation

Laboratory workers in this field know that the reliability and accuracy of cell counting depend to a high extent on appropriate pre-analytic sample preparation. Not even the best measuring technique can compensate errors deriving from inaccurate sample pretreatment.

Pipetting

Pipetting is one of the most important factors influencing the counting results, especially if whole blood samples are used. If the common pipetting principle is used to pipette blood, the transferred volume is strongly influenced by adherence of liquid on the outer side of the pipette tip and by aspirating air

Fig. 1. Factors influencing flow cytometric counting of cells.



bubbles. Adherence of blood can be avoided by cleaning the tip with a tissue paper. But in this case the paper may pull out some blood which reduces the transferred volume. Therefore, the use of reverse pipetting is recommended, where a slight excess of sample is aspirated into the pipette and the precise volume is ejected [27, 28]. Although a small rest remains in the tip of the pipette, the transferred volume is much more exact and not influenced by aspirating air bubbles, which are easily and frequently generated in viscous fluids such as blood. Multiple measurements are recommended to minimize pipetting errors and to improve the quality of analyses.

Storage

Blood is a very special liquid, and its cellular components are sensitive to environmental changes. European guidelines state that leukocyte analyses (like immunophenotyping) should be performed within 18 h [29]. Other standards, like that of the Centers for Disease Control, recommend a maximum storage period of 6 h for the determination of hematologic parameters and 30 h for immunophenotyping [30]. In remote areas samples might need longer time to reach analytic laboratories. Therefore, protocols are modified for these countries by suggesting the use of fixed blood samples which permit longer transportation and storage periods while maintaining sample integrity [31, 32]. However, some cellular populations, e.g. platelets, are very susceptible for environmental impacts and need to be analyzed directly after blood drawing.

Antibodies

The specific binding of antibodies to corresponding antigens is of essential importance in order to assure accurate results. The amount of antibody in a given sample should always distinctly exceed the number of epitopes. Otherwise the target cells may not clearly be discriminated from unspecifically stained and unstained cells. The applied antibodies must have a high specificity to the corresponding epitope; cross-reactivities must be avoided. Antibodies should be suitable for flow cytometric analysis and usually be provided with a CE mark. The quality of antibodies, fluorochromes as well as the conjugation of antibody and fluorochrome must be assured. Exemplary, phycoerythrin is favorable in comparison to fluorescein isothiocyanate or allophycocyanin because of its lower nonspecific binding to dead cells and FC receptors as well as its better discrimination between negative and positive cells and due to its higher quantum yield [33, 34]. The entire sample preparation procedure should not affect the binding efficacy of antibodies to the corresponding epitopes. However, it was demonstrated that the binding of antibodies can be affected by lysis and fixation procedures, resulting in imprecise discrimination between 'positive and negative' cells, thus leading to incorrect cell counts [35].

Erythrocyte Lysing Procedures

The pre-analytic lysis of erythrocytes necessary for analysis of leukocyte subsets may distinctly affect accurate measure-

ments. Although erythrocyte lysing procedures are recommended for all common flow cytometric blood cell counting techniques, it is described as a very critical step in the determination of leukocyte subsets [36, 37]. It is known that erythrocyte lysing procedures affect the determination of progenitor cells in whole blood [36, 38] and cord blood [37] with up to 100% variation in cell counts within identical samples. It was shown that lysis of erythrocytes may also lead to a loss of CD34+ cells and CD45+ cells [39]. Not only the peripheral blood progenitor cells but also CD4+ T cells are affected by the relatively aggressive lysing reagents, resulting in a underrepresentation of T cells, exceeding 10% in some cases [40]. A wide range of side effects such as alteration in morphology and alteration or damage of antigenic epitopes of leukocytes are postulated to account for this phenomenon [38]. However, the impact of the lysing reagent on leukocyte counting and phenotyping may additionally be influenced by the patient's disease and his medical treatment. In fact, the susceptibility of the lymphocyte populations to different lysing procedures varies interindividually and does not represent a constant or calculable parameter in leukocyte subclass enumeration [41]. Therefore, new strategies such as no-lyse sample preparation procedures for the determination of leukocytes and stem cell populations have been evaluated [40, 42].

Influence of Analytical Factors

Beside the pre-analytic factors mentioned above, different apparatus properties, individual technical details, and the disregard of necessary statistical rules may also influence the sensitivity and accuracy in determining specific cells or cell functions.

Single- and Dual-Platform Techniques

The quantification of cells by flow cytometry is mainly based on two different principles. The so-called single-platform method (1-PF) either employs reference beads of known concentrations [43] or measures a defined volume of cell suspensions (absolute volumetric counting) [40]. In dual-platform techniques (2-PF), the absolute values of leukocyte concentrations are calculated using data from a hematology counter in parallel to the flow cytometric determination of the percentage of leukocyte subpopulations [28].

When comparing the determination of low cell concentrations (e.g. the quantification of CD34+ cells), the comparison of laboratory results showed higher mean inter-laboratory coefficients of variation (CVs) for the 2-PF enumeration compared to the 1-PF beads-based technology (28.6 vs. 18.6%) [44]. The requirement of using a hematology counter has been recognized as a significant factor in high inter-laboratory CVs [45]. Although the CVs for 1-PF microbead-based methods are comparatively low, this technique can also lead to artificially high cell counts [46]. This is caused by a decrease in mi-

crobead concentrations as result of vortexing the beads for resuspension in protein-poor media. This effect can be avoided by the addition of protein supplements to the resuspension medium. Beside this, clumping and insufficient resuspension of beads can lead to unpredictable artifacts resulting in falsely high cell values. A collaborative study for determination of CD4+ cells in 102 laboratories showed a mean inter-laboratory CV of 13.7% for the 1-PF microbead-based method and of 23.4% for the 2-PF method [44].

Gating Strategies

Regardless of the measuring technique applied, the gating strategy has been described to have an essential impact on the reproducibility of cell enumeration [27]. Insufficient practical experience as well as the diversity of the currently used gating protocols may lead to a high inter-laboratory CV. Exemplary, significantly different results in the determination of CD34+ cells were obtained when different gating strategies were used. In a multicenter study, 17% of the results from these centers were outside the $\pm 10\%$ range of the median. When all involved centers used the same gating strategy, only 0–7% of results were outside this range [47]. The same difficulties were described for three or four-color flow cytometric immunophenotyping techniques. The gating strategy that combines bright CD45 fluorescence and light scatter properties to determine CD4+ and CD8+ T cells reduces the intra- and inter-laboratory CVs and is therefore recommended [48].

Statistical Limits

For the counting of rare events (like quantification of residual leukocytes in blood components) it is necessary to acquire a sufficient number of positive signals in order to produce statistically valid results. The reduction of measured events per test reduces the sensitivity and insofar the reliability of determinations. The standard error of the number of positive cells per analysis is given by the square root of the number of positive cells. The larger the acquisition the lower the CV [49]. In order to achieve an intra-assay CV of 10%, it is recommended that a minimum of 100 positive events have to be measured [50, 51]. Furthermore, UK NEQAS data showed a high variation in CD45+ cell count between different laboratories when counting significantly less than 50,000 events [52].

Applications for Flow Cytometry in Transfusion Medicine

In the beginning, flow cytometry was primarily used in fundamental medical research, but increasingly is established in quality control of blood components and as advanced diagnostic tool, especially in the field of immunology and immunohematology. In the following, the main applications for flow cytometry in transfusion medicine are given.

- i) Quality control of blood products
 - quantification of residual leukocytes in leukoreduced blood components
 - functional investigations of cells or cell fractions in blood components (viability, apoptosis etc.)
 - contaminations of blood components (e. g. with tumor cells or bacteria).
- ii) Immunohematologic diagnostics
 - red blood cell (RBC) integrity and immunology
 - detection and quantification of antibodies bound to RBCs
 - detection and quantification of antigens on RBCs
 - detection and quantification of mixed populations of RBCs (chimerism, feto-maternal hemorrhage (FMH))
 - genetic disorders of erythrocytes (paroxysmal nocturnal hemoglobinuria; PNH)
 - platelet integrity and immunology
 - detection and quantification of antibodies against platelets
 - detection and quantification of platelet antigens
 - platelet cross-matching
 - determination of platelet function
 - granulocyte/monocyte integrity and immunology
 - detection of granulocyte function and antigens
 - detection of phagocytosis.
- iii) Hematopoietic progenitor cell and solid organ transplantation
 - determination and quantification of hematopoietic progenitor cells in
 - bone marrow
 - peripheral blood
 - cord blood
 - hematopoietic progenitor cell transplants
 - HLA crossmatching
 - quantification of leukocyte subsets.
- iv) Adoptive immunotherapy and further therapeutic applications
 - analysis of minimal residual disease (MRD)
 - analysis of viability/apoptosis after manipulation/cryopreservation of cells
 - analysis of dendritic cells
 - analysis of specificity and functionality of T cells
 - analysis of natural killer (NK) cell phenotype and cytotoxicity.

Quality Control of Blood Products

The processing of blood components requires a powerful technique to characterize and enumerate cells and cell fractions in order to meet the high requirements of quality control. In particular, the quantification of residual leukocytes in blood components is of high medical importance. Current guidelines require the reduction of leukocytes in leukocyte-

depleted blood components to a level below 1×10^6 white blood cells per unit of blood [53]. This seems to be the threshold for transfusion-related complications such as alloimmunization, infections, and mortality [54–57]. Several methods have been described to reliably determine low numbers of leukocytes in blood components, and the role of flow cytometry is growing in this field [58]. Furthermore, functional changes of leukocytes in erythrocyte and platelet concentrates have been investigated by flow cytometry, measuring the apoptosis of cells [59, 60].

With regard to the recent advances in the viral safety of blood products, the attention has shifted to bacterial contaminations as a significant and severe complication in transfusion medicine, especially in platelet transfusion. While several methods are currently employed for their capacity to screen platelet concentrates for bacterial contaminations, flow cytometry holds the option for such purpose [61]. Also the determination of tumor cells in blood and blood components by flow cytometry has been described [62]. However, the diagnostic value of flow cytometry to detect microbial contaminations or tumor cells in blood components can currently not finally be estimated.

Immunohematologic Diagnostics

RBC Integrity and Immunology

A main application of flow cytometry in transfusion medicine is the diagnostics in immunohematology [63–66]. Although the established agglutination assays are still the most common immunohematologic methods, both the detection and quantification of RBC antigens and antibodies can also be performed by flow cytometric protocols. In particular for special quantitative assays, flow cytometry represents the more convenient and accurate method compared to serologic (agglutination) assays. Numerous studies focus on immunohematologic diagnostics to detect erythrocyte antigens or antibodies, comparing flow cytometry with established agglutination assays [67–73].

The diagnosis of a FMH can be done by the traditional labor-intensive Kleihauer-Betke test [74]. Since flow cytometric analysis allows a more reproducible and sensitive quantification of fetal cells in maternal blood by staining the HbF in fetal RBCs or by labeling of fetal D+RBCs, several groups applied this technique for diagnosis of FMH [75–82].

Moreover, studies demonstrated the feasibility to detect erythrocytic genetic disorders such as the PNH which correlates with the absence or diminishing of glycoposphatidylinositol(GPI)-anchored membrane proteins or other erythrocytic disorders [83–88]. Also, the RBC volume was determined by flow cytometry by exploiting antigen differences between transfused donor RBCs and the recipient's RBCs [89].

Finally, the survival of erythrocytes after transfusion or in patients with autoimmune hemolytic anemia was investigated by

labeling RBCs with fluorochromes and subsequent quantification by flow cytometry [90, 91].

Platelet Integrity and Immunology

Flow cytometry was used for phenotyping of platelet-specific antigens [92]. Furthermore, free or cell-bound platelet-specific antibodies were detected and identified by this technique [93–95]. Flow cytometric cross-match assays were introduced in order to predict successful platelet transfusions in immunized patients [96–98]. Also, some special applications such as the determination of platelet engraftment after stem cell transplantation were performed using flow cytometric techniques [99].

In addition, heparin-induced thrombocytopenia (HIT) can be diagnosed by flow cytometric detection of antiheparin/PF4 antibodies. Several publications have evaluated this method for diagnosis of HIT [100–105].

In numerous publications morphologic and functional changes of platelets, e.g. the determination of platelet activation markers in donors, patients or blood components, were investigated by flow cytometry, [106–114]. Finally, platelet activation markers were investigated to determine the biocompatibility of different biomaterials using in vitro models [115–121].

Granulocyte/Monocyte Integrity and Immunology

Flow cytometry was used to identify and characterize granulocyte antigens or antibodies, e.g. in the investigation of transfusion-related acute lung injury (TRALI), in population studies or in the analysis of potential changes during pregnancy [122–127]. Moreover, functional and morphologic changes of circulating neutrophil cells during plateletpheresis were investigated using flow cytometry [128]. Such investigations were also performed to identify the optimal storage conditions for granulocytes [129]. Flow cytometry also allows to detect defined subpopulations of granulocytes such as basophil granulocytes [130]. Finally, the conditions to measure the granulocyte respiratory burst by flow cytometry have been optimized [131, 132].

Some studies used flow cytometry to measure phagocytosis of cells by monocytes or macrophages [133, 134].

Hematopoietic Progenitor Cell and Solid Organ Transplantation

There is an increasing need for accurate determinations of hematopoietic progenitor cells in bone marrow, peripheral blood, and cord blood of patients or donors. Flow cytometric analysis of CD34+ stem cells has turned out to be the method of choice to determine the time point of stem cell apheresis as well as the dosage of the collected progenitor cells. In contrast to the more laborious and time-consuming clonogenic assays, flow cytometry achieves a much faster and more reproducible analysis of hematopoietic progenitor cells. Several different protocols for the enumeration of CD34+ cells, e.g. the Milan protocol [135], the Milan/Mulhouse protocol [36], the SIHON

protocol [136], the German consensus protocol [137], and the ISHAGE protocol [50] have been published. The latter one is nowadays the most frequently used analysis method and has been described to assure the most reproducible results between centers [47]. Insofar, the counting of CD34 cells has widely been standardized, and the current methods usually meet the requirements of good laboratory practice standards and quality assurance.

Flow cytometry has essentially contributed to the current understanding of stem cell biology. Numerous antigens are co-expressed on progenitor cells and are known to be specific markers for different hematopoietic cell populations, and flow cytometry plays a key role to determine co-expression markers on progenitor cells [138–145].

With the current hype in stem cell biology and transplantation and the extension of the indication for stem cell transplantation to new areas of tissue repair, flow cytometry will presumably again play an important role in the verification of these new treatment options. Recent publications underlined the plasticity of hematopoietic stem cells and suggested differentiation into other tissue cells under optimal conditions. Therefore, flow cytometry will probably become a more powerful tool for monitoring the differentiation of stem and tissue cells by *in vitro* and *in vivo* systems [146].

Recently published data suggest that the approach of detecting minimal residual disease by multiparameter flow cytometry is a useful and potentially prognostic relevant tool in patients with hematological diseases [147–150]. Such trials might also be of relevance for quality control of autologous stem cell grafts.

Graft rejection and disease relapse are the major complications occurring after allogeneic stem cell transplantation. Both complications may be associated with dual RBC populations [151]. Several methods for the determination of RBC chimerism after allogeneic hematopoietic stem cell transplantation have been described [152–154].

Immunophenotyping is a common application of flow cytometry and forms the basis for diagnosis and therapy in transplanted and/or immunodeficient patients [155]. Flow cytometric immunophenotyping is nowadays performed using multicolor measurements and therefore allows the simultaneous determination of numerous cell populations and functions [156].

Immunological monitoring of inflammatory processes is possible by flow cytometric determination of monocytic function (HLA-DR+) and phenotype (CD14+ cells) since low HLA-DR expression indicates high risk of infection [157].

Adoptive Immunotherapy and Further Therapeutic Applications

The immune system plays a major role in the progression of malignant diseases [158, 159]. Thus, immunotherapy with cytotoxic cells could represent an interesting alternative therapy that is not cross-reactive with previous treatments administered to patients (chemotherapy, radiation therapy). Several

previous reports suggest that some types of cancer are sensitive to immunotherapy and particularly to the lytic activity of activated NK cells or lymphokine-activated killer (LAK) cells. These include melanoma, kidney cancer, acute leukemia, malignant lymphoma, and multiple myeloma [160, 161]. The adoptive transfer of cytotoxic lymphocyte populations in terms of passive immunotherapy may be able to support the patient's immune system. Furthermore, active immunotherapy such as vaccinations with tumor antigen pulsed dendritic cells aiming to elicit a long lasting antitumor response of the patient's immune system. The effect of dendritic cells is largely dependent on the origin (e.g. from stem cells or monocytes) and maturation state of the dendritic cells contained in the transplant.

In addition, recent developments in the sensitive determination of virus-specific T cells using MHC class I-embedded viral peptides and flow cytometry allow to gain significant knowledge about the nature of cellular immune responses against viral infections [162]. These techniques are currently used to monitor the therapeutic effect of adoptive immunotherapies in viral infections after stem cell transplantation in hematologic malignancies [163] and will ultimately lead to the development of new cellular therapies in this life-threatening disease [164, 165].

Moreover, new test systems, e.g. intracellular cytokine staining and tetramer staining, enable the analysis of the functionality and the specificity of defined cell populations such as CD4+ or CD8+ T cells by flow cytometry. These methods are also essential in the monitoring of adoptive immunotherapy [165–167].

The cytotoxic function of immune effector cells can be readily determined using flow cytometry-based test systems, and nowadays avoids the use of radioactive substances [168, 169]. Additionally, further flow cytometric techniques such as the evaluation of viability or apoptosis in hematopoietic progenitor transplants after cryopreservation with dyes like 7-amino actinomycin (7-AAD) or Syto16 [170, 171] or flow cytometric assays to determine T-cell-mediated cytotoxic activity [172, 173] in the context of immunotherapeutic clinical trials became routinely applied diagnostic measures. Therefore, flow cytometry has definitely made a major impact on the development of both active and passive immunotherapeutic approaches and their development from bench to bedside.

However, the application of cells for immunotherapy needs a thorough quality control in terms of phenotype, purity, and activity of the cell transplant in order to maximize the potential therapeutic effect and at the same time to minimize side effects such as the development of graft-versus-host disease. This quality control is therefore a prerequisite for the clinical application. Flow cytometry certainly represents the state of the art method to determine the phenotype and function of dendritic cells and other immune cells [174–177].

In summary, flow cytometry represents a highly innovative technique for many common diagnostic and scientific fields in transfusion medicine. Finally, it is the tool of choice to develop and optimize new cellular and immunotherapeutic trials.

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